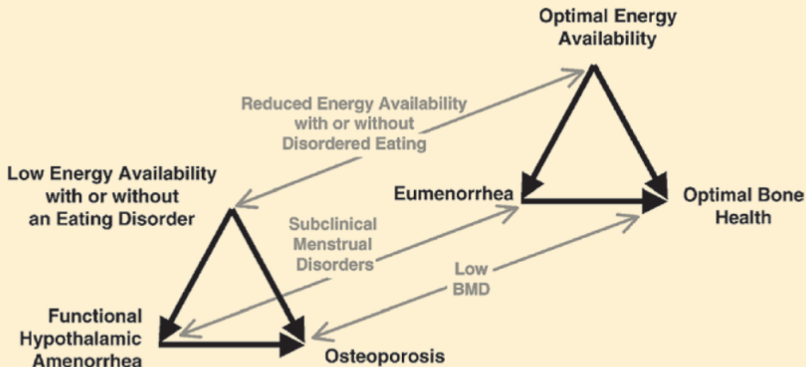


THE TRIAD SPECTRUMS



The gray arrows represent the three spectrums of the female athlete triad, and the black arrows indicate causal connections between the triad's components.