

BEFORE & AFTER

The following table reveals the case study athlete's joint motion (in degrees) during his initial evaluation, and after nine months of treatment. Optimal values are also shown.

Joint	Initial	After Treatment	Optimal
R 1st MTP Extension	25	50	60
L 1st MTP Extension	50	55	60
R Talocrual	-4	7	15
L Talocrual	0	9	15
R Hip Int. Rotation	20	25	30
L Hip Int. Rotation	12	25	30
R Hip Ext. Rotation	50	60	60
L Hip Ext. Rotation	50	60	60